

ANNEX 2

Alternative Medicines to be kept on board Hong Kong Seagoing Ships

Notes:

1. *Recommended Quantity is the specified quantity for every crew size of 10. Subject to Note 2 below, for crew size of over 10, the quantity to be stocked should be based on the next higher multiple of 10 (e.g. 3 x recommended quantity for a crew size of 25).*
2. *Recommended Quantity marked with * is the specified quantity considered sufficient regardless of crew size.*
3. *If Recommended Quantity is not of standard dispensing sales pack, the nearest available pack above the Recommended Quantity is recommended.*

Item	Treatment	Drug	Ordering Size	Recommended Quantity
1.	Cardiovascular System			
1.1	Cardiovascular analeptics sympathomimetics	Adrenaline acid tartrate inj 1.8mg (1:1000)	1ml amp	10*
1.2	Anti-angina preparations	Nitroglycerin Spray 0.4mg/dose	200 doses/unit	1 unit
1.3		Glyceryl Trinitrate patch	5mg	2
1.4	Diuretics	Frusemide i) 40mg tab ii) 10mg in 1ml inj (2ml amp)	i) 40mg ii) 2ml amp	i) 28* ii) 2
1.5	Anti-haemorrhagics if there are women with potential for child bearing working on board (including uterotonics)	Phytomenadione (Vit K) paediatric inj (0.2ml amp)	0.2ml amp	1*
1.6		Ergometrine 500mcg, Oxytocin 5 units (1ml amp) (Syntometrine)	1ml amp	2*
1.7	Anti-hypertensive	Atenolol	50mg	28
1.8	Anti-parasympathetic	Atropine Sulphate inj	1ml amp	10*
2.	Gastrointestinal System			
	Medicines for gastric and duodenal disorders			
2.1	- Histamine H2 receptor anti-ulcer	Cimetidine	400mg	20

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
2.2	- Antacid mucous mixture	Proprietary Antacid of choice	As required	As required
2.3	Anti-emetics	Prochlorperazine Hydrochloride inj	12.5mg/ml amp	10*
2.4		Cinnarizine	15mg	60
2.5	Lubricant laxatives	Glycerol suppository	2,250mg	12
2.6	Anti-diarrhoeals	Loperamide capsules	2mg	30
2.7	Anti-Haemorrhoid preparations	Proprietary haemorriod preparation of choice	As required	As required
3.	Analgesic / Anti-spasmodics			
3.1	Analgesic, anti-pyretics and anti-inflammatory agents	Paracetamol tab	500mg	100
3.2		Ibuprofen tab	400mg	100
3.3		Indomethacin suppository	100mg	10
3.4	Powerful anaglesics	Dihydrocodeine Tartrate tab	30mg	28
3.5		Morphine Sulphate 15mg in 1ml inj (1ml amp)	1ml amp	10
3.6	Spasmolytics	Hyoscine Butylbromide tab	10mg	56
4.	Nervous System			
4.1	Anxiolytics	Diazepam inj 5mg/ml	1ml amp	5*
4.2		Diazepam tab	5mg	28*
4.3	Anti-depressant	Amitriptyline Hydrochloride tab	50mg	20
4.4	Neuroleptics	Haloperidol 5mg/ml inj	1ml amp	5*
4.5		Chlorpromazine Hydrochloride tab	25mg	28*
	Seasickness remedies	<i>(Covered by items 2.3 / 2.4)</i>		

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
4.6	Anti-epileptics	Diazepam rectal dispenser	10mg in 2.5ml	5
4.7		Phenobarbitone Sodium inj	1ml amp	5
4.8	Hypnotics	<i>(Covered by item 4.2)</i>		
5.	Anti-allergics and Anti-anaphylactics			
5.1	H1 Anti-histamines	Cetirizine	10mg	30*
5.2		Chlorpheniramine Maleate tab	4mg	20
5.3		Chlorpheniramine Maleate inj	1ml amp	2
5.4	Injectable / Oral glucocorticoids	Hydrocortisone inj (Powder for reconstitution 100mg vial with 2ml water for inj / ready diluted 100mg in 1ml inj)	Powder	3
5.5		Prednisolone tabw	5mg	28
6.	Respiratory System			
6.1	Bronchospasm preparations	Salbutamol inhaler	100 micrograms per metered dose. 200 dose inhaler with volumatic	1

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
6.2		Beclomethasone inhaler	100 micrograms per metered dose inhaler	1
6.3		Ventolin tab	4mg	30
6.4	Anti-tussives	Proprietary cough mixture	As required	As required
6.5	Medicines used for colds and sinusitis	Proprietary cold remedy	As required	As required
7.	Anti-infection			
7.1	Antibiotics	Benzympenicillin Sodium 600mg inj (Powder for reconstitution in a rubber capped and metal topped vial and water for inj 2ml)	Powder	10
7.2		Ciprofloxacin tab	500mg	20
7.3		Cefuroxime inj	750mg vial	20
7.4		Erythromycin tab	250mg	28
7.5		Doxycycline capsules	100mg	8
7.6		Amoxicillin tab	250mg	40
7.7	Anti-bacterial / Urinary antiseptics	Trimethoprim tab	200mg	14
7.8	Anti-parasitics	Mebendazole tab	100mg	6*
7.9	Intestinal anti-infectives	Metronidazole tab	400mg	21
7.10	Anti-tetanus vaccines and immunoglobulin	Tetanus vaccine	05mg amp	5*
		Tetanus Immunoglobulin amp for inj	250 units	1*

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
8.	Compounds Promoting Rehydration, Caloric Intake and Plasma Expansion			
8.1	WHO generic formula	Sodium Chloride & dextrose rehydration salts (Sachet to provide Na=35mmol, K=20mmol, Cl=37mmol, HCO ₃ =18mmol and glucose 200mmol when reconstituted in a litre of water)	BP oral powder in sachet	1 Box (16-20)
9.	Medicines for External Use – Skin Medicines			
9.1	Antiseptic solutions	100ml solution or pre-impregnated wipes	0.015% w/v Chlorhexidine and 0.15% w/v Cetrimide	1* bottle or 1* pack wipes
9.2	Antibiotic ointments	Neomycin / Bacitracin cream	15g	1
9.3	Anti-inflammatory and analgesic ointments	Hydrocortisone 1% cream	15g	2
9.4		Proprietary NSAID gel / ointment	As required	As required
9.5	Anti-mycotic skin creams	Benzoic ointment BP 50mg (Benzoic Acid 6%, Salicylic Acid 3%, in emulsifying ointment)	15g	3
9.6		Miconazole Nitrate 2% topical cream	30g	2
9.7		Miconazole Nitrate vaginal cream	2%	1
9.8		Miconazole Nitrate pessaries	100mg	1
9.9	Burn preparations	Silver Sulphadiazine 1% cream	50g	2
9.10		Proprietary antiseptic cream of choice	As required	As required

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
9.11		Calamine lotion 15%	100ml bottle	1
9.12	Miscellaneous skin preparations	Zinc ointment, BP (containing Zinc Oxide 15%)	25g	1*
9.13		Potassium Permanganate crystals	10g container / Permitabs pack	1*
9.14		Gamma Benzene Hexachloride - Body lotion - Hair application 1%	100ml bottle 100ml bottle	3 1
10.	Eye Medicines			
10.1	Antibiotic ointment	Chloramphenicol eye ointment 1%	4g	4
10.2	Antibiotic drops	Neomycin Sulphate 0.5%	0.5ml	20*
10.3	Anti-inflammatory drops	Dexamethasone Sodium Phosphate 0.1%	0.5ml	20*
10.4	Anaesthetic drops	Amethocaine 0.5%	0.5ml	20*
10.5	Hypotonic drops	Pilocarpine Nitrate 2%	0.5ml	20*
10.6	Diagnostic drops	Fluorescein Sodium 1%	0.5ml	20*
11.	Ear / Nasal Medicines			
11.1	Antibiotic / Anti-inflammatory solution	Antibiotic eardrops containing in each ml; Neomycin 3,400 units, Polymixin B Sulphate 10,000 units, Hydrocortisone 10mg	5ml	1*
11.2		Ephedrine Hydrochloride 0.5% nasal drops	10ml	1*

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Item	Treatment	Drug	Ordering Size	Recommended Quantity
12.	Medicines for Oral and Throat Infections			
12.1	Antibiotic or antiseptic mouthwashes	Glycerin of Thymol mouthwash	Thymol 0.05% and Glycerol 10% in water	2
13.	Local Anaesthetics			
13.1	Local anaesthetics given by subcutaneous inj Hydrochloride 1% 50mg in 5ml for inj	Lignocaine Hydrochloride 1% (plain) 20mg in 2ml	2ml	5
13.2	Local anaesthetic gel	Lignocaine Hydrochloride 2% in a lubricant water miscible base (gel) 20g	20g	1
13.3	Dental anaesthetics and antiseptic mixtures	Proprietary gel e.g. Bonjela	1 unit	1